



Weekly Menu  
— September 7 2020 —

Mika serves fresh, nourishing, and vibrant modern Middle Eastern and Mediterranean cuisine that's made to satisfy and delight. We keep our food simple, and let the unique flavour combinations do the talking.

**We require notice of one (1) business day for each order. Deliveries Wednesday and Friday this week**

**Please note - a \$10 dollar delivery fee will be added to all orders under \$100.**

### Breakfast

**Classic Waffles** | \$5/Package

Our crispy golden waffles

**Burekas - Baked** | \$7.5 (Half Dozen) | \$14 (Dozen)

Homemade puff pastry filled with our different fillings

- Potato
- Cheese
- Mushroom Onion
- Variety (2 of each, 4 of each)

**Jerusalem Style Stuffed Pita** | \$10.50/person

Our homemade pita slathered with flavorful matbucha, stuffed with boiled eggs, cheese, and then grilled

**Three cheese Ziva** | \$9

Malawach stuffed and rolled with Spinach, Egg and mix of mozzarella, cheddar and feta

## Meat Mains

### **Beef Stew** | \$10 / Serving

Chunks of seasoned beef, browned, and then slow cooked in a garlic, onion and tomato-based sauce

### **Stuffed Pita** | \$12/ Serving

Ground beef seasoned with spices, onions, cilantro and lemon zest stuffed inside out homemade pita and then grilled

### **Chicken Skewers** | \$3/skewer

Pieces of chicken breast marinated with loads of fresh garlic, rosemary, thyme, white wine.

### **Lemon Chicken Strips** | \$10 / Serving

Strips of chicken breast cooked with soy sauce, lemons, and green onions

## Pescatarian Mains

### **Lemon Salmon** | \$13 / Serving

Baked Salmon in lemon juice and spice

### **Honey Mustard Salmon** | \$13 / Serving

Baked Salmon glazed with a honey mustard sauce

## Sides

Small (serves 1-2) \$6 | Medium (serves 3-4) \$10 | Large (serves 5-6) \$14

### Roasted Broccoli

Fresh broccoli seasoned and grilled then drizzled with garlic and olive oil

### Roasted Baby Potatoes w/ Herb & Kale

Baby potatoes, kale and cherry tomatoes roasted with herbs

### Mejadra

Basmati rice and green lentils simmered in a cumin, turmeric and paprika based broth topped with crisp fried onions

### Wild & Brown Rice

## Soups

**Vegan** Small \$5.5 (serves 1-2) | Medium \$8 (serves 2-3) | Large \$10 (serves 3-4)

- **Butternut Squash**

**Meat** Small \$6 (serves 1-2) | Medium \$9 (serves 2-3) | Large \$12 (serves 3-4)

- **Morocean Soup**

## Cook \ Bake at home

**Bolognese Sauce** | \$3.5 / Bag (Serves 1-2)

Slowly cooked beef and tomato sauce

**Shakshuka Sauce** | \$3 / Bag (Serves 1)

**Burekas - Unbaked** | \$6.5 (Half Dozen) | \$12 (Dozen)

Homemade puff pastry filled with our different fillings

- Potato
- Cheese
- Mushroom Onion
- Variety (2 of each, 4 of each)

**Cherry Tomato Pasta Sauce** | \$3.5 / Bag (Serves 1-2)

**Mushroom and Cream Pasta Sauce** | \$3.5 / Bag (Serves 1-2)

## Sweet Treats

Baked Cheesecake | \$5 (Square)  
Blueberry Cheesecake | \$5 (square)  
Orange Jam Square | \$3.5  
Vegan Brownie | \$4  
Gluten Free Brownie | \$4  
Rugelach (apricot-raisin-walnut) | \$0.60

Rugelach (chocolate, cinnamon) | \$0.50  
Mini Babka Roll | \$1.50  
Mini Apple & Almond Rose | \$1.75  
Cinnamon Danish | \$1.75  
Sticky Danish | \$2  
Palmiers (Elephant Ears) | \$0.75

## Cakes

Loaf (Banana, Orange, Carrot) | \$9  
Loaf (Banana Chocolate, Orange Chocolate, Carrot Cranberry Walnut) | \$9.5

## Bread

Challah | \$5  
Raisin Challah | \$6  
Stuffed Challah (Chocolate, Cinnamon, Apple) | \$8  
Pita | \$5 (Pack of 5)

## Dips

\$6 – 8 oz | \$9 – 12 oz | \$12 – 16 oz

Babaganoush  
Hummus  
Matbucho  
Tahini  
Tuna Salad  
Egg Salad  
Green tahini